## TECHNICAL PROGRAM

### DAY 01 - FRIDAY, 26TH MAY 2023

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<tr>
<td>8.30 - 9.00</td>
<td>Conference Registration</td>
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<tr>
<td>9.00 - 9.30</td>
<td>Morning Refreshments</td>
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<tr>
<td>9.35 – 9.45</td>
<td>Welcome Address by the Conference Convener</td>
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<td></td>
<td>Ms. Thulakshana Dilrukshi (Conference Manager, iConferences, Sri Lanka)</td>
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<tr>
<td>9.45 - 9.55</td>
<td>Welcome Address by the Conference Chair</td>
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<td></td>
<td>Dr. Ponnusamy Subramaniam (Dr. Ponnusamy Subramaniam, Senior Lecturer/Clinical Psychologist, Healthy Aging &amp; Wellness Research Center (H-Care), Faculty of Health Sciences, Universiti Kebangsaan Malaysia, Malaysia)</td>
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<tr>
<td>9.55 - 10.00</td>
<td>Conference Photograph</td>
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</table>
KEYNOTE FORUM  Friday, 26th May 2023 | 10.00 IST to 10.30 IST | Galle Face 1

10.00 - 10.30  Dr. Shiromi Maduwage

(Public Health Specialist. Working as a Consultant Community Physician in the Ministry of Health Sri Lanka)

“Navigating the Challenges of Population Ageing towards a Resilient and Inclusive Society for Older Persons”

Dr. Shiromi Maduwage is a Public Health Specialist. Working as a Consultant Community Physician in the Ministry of Health Sri Lanka. She has extensive work experience in Public Health including the Elderly, because of that she engages in planning, implementation, monitoring and evaluation of public health programmes with a special focus on the elderly, disabled at the National and Provincial levels in Sri Lanka. A researcher with skills in conducting elderly care research. Presentations and publications of research articles at the national and international levels. Experience in medical undergraduate and postgraduate teaching and supervising elderly research projects. Council member to the National council of elderly, Sri Lanka. Founder member in Geriatric Association, Sri Lanka and a member of Palliative care and end of life care taskforce, Sri Lanka. Council member and the Secretary 2016/2017 and the treasurer 2018/2019 of the College of Community Physicians of Sri Lanka. Council Member of The International Institute on Ageing (Malta) Satellite Centre for SAARC Countries.

KEYNOTE FORUM  Friday, 26th May 2023 | 10.30 to 11.00 | Galle Face 1

10.30 - 11.00  Prof. Irene Blackberry

(John Richards Chair of Rural Ageing and Aged Care Research and Director of the John Richards Centre at La Trobe University, Wodonga)

“Transforming Care for Older Adults: Co-designing Impactful and Sustainable Innovations”

Professor Irene Blackberry is the John Richards Chair of Rural Ageing and Aged Care Research and Director of the John Richards Centre at La Trobe University, Wodonga. Irene is the Past President of the Australian Association of Gerontology Victoria, Associate Editor of Elsevier Primary Care Diabetes journal and on the Editorial Board of Geriatrics journal. She has a medical background and is a health services researcher with significant expertise in designing and conducting pragmatic trials of complex multifactorial health services.

There are two major research streams to her work on chronic diseases and ageing, united by a focus on the implementation science of complex multifactorial intervention across the community, primary and secondary care settings drawing on both qualitative and quantitative research methods. She has attracted over $40M in research funding and published 150 reports and journal articles including as a first author in the British Medical Journal and Medical Journal of Australia. Her current research focuses on improving access to care delivery for older people with complex chronic conditions. Her research interests include dementia, diabetes, chronic disease, primary care, digital health, geriatric medicine, and rural health.
# Technical Session 1

**AWARENESS/ ATTITUDE/ COMPETENCY**

Friday, 26th May 2023 | 11.00 IST to 12.15 IST | Galle Face 1

Chaired by Dr. Shiromi Maduwage (*Public Health Specialist. Working as a Consultant Community Physician in the Ministry of Health Sri Lanka*)

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<th>Speaker</th>
<th>Topic</th>
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<tr>
<td>11.00-11.15</td>
<td>A1</td>
<td>Dr. Thirumagal Yogaparan (Asst. Professor, Div. of Geriatric Medicine, Dept. of Medicine, University of Toronto)</td>
<td>“CANADIAN GERIATRICS SOCIETY, AGING CARE 5M GRADUATING MEDICAL STUDENT COMPETENCIES”</td>
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<td>11.15-11.30</td>
<td>A2</td>
<td>Warsha Jagroep (Department of Socio-Medical Sciences, Erasmus School of Health Policy &amp; Management, Erasmus University, Rotterdam, Netherlands)</td>
<td>“NEIGHBOURHOOD AGE-FRIENDLINESS AND WELL-BEING REALIZATION: VIEWS OF OLDER SURINAMESE MIGRANTS”</td>
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<td>11.30-11.45</td>
<td>A3</td>
<td>ZENG Wen (Chief Advisor Senior Technician/Dementia Medical Center/Macao Health Bureau)</td>
<td>“AWARENESS OF DEMENTIA CARE AMONG COMMUNITY-DWELLING OLDER PEOPLE IN MACAO”</td>
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<td>11.45-12.00</td>
<td>A4</td>
<td>Dr Rodney Jilek (Managing Director, Community Home Australia)</td>
<td>“THE COMMUNITY HOME MODEL OF CARE FOR PEOPLE LIVING WITH YOUNGER ONSET DEMENTIA”</td>
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<td>12.00-12.15</td>
<td>A5</td>
<td>Dr Prakash Kumar (Amity Institute of Health Allied Science, Amity University, Noida, India)</td>
<td>“WEB-BASED RECOMMENDED EDUCATIONAL TOOL TO SUPPORT FAMILY CAREGIVERS OF OLDER ADULTS WITH COGNITIVE DEFICIT”</td>
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12.15-13.00 Networking Lunch

COVID-19
Friday, 26th May 2023 | 13.00 IST to 14.00 IST | Galle Face 1
Chaired by Dr. Ponnusamy Subramaniam (Senior Lecturer/Clinical Psychologist, Healthy Aging & Wellness Research Center (H-Care), Faculty of Health Sciences, Universiti Kebangsaan Malaysia, Malaysia)

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<td>13.00-13.15</td>
<td>B1</td>
<td>Dr Shilpa Avarebeel (Associate Professor, Department of Geriatrics, JSS Medical College Hospital, Karnataka, India)</td>
<td>“AWARENESS AND ACCEPTANCE OF COVID 19 VACCINE AMONG GERIATRIC POPULATION OF A SOUTH INDIAN TIER 2 CITY”</td>
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<td>13.15-13.30</td>
<td>B2</td>
<td>Dr Tejeswini C J (Associate Professor, Department of Geriatrics, JSS Medical College Hospital, Karnataka, India)</td>
<td>“INSIGHT INTO COMORBIDITIES AND MORTALITY IN COVID POSITIVE ELDERLY IN A SOUTH INDIAN HOSPITAL WITH EMPHASIS ON OLDEST OLD”</td>
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<td>13.30-13.45</td>
<td>B3</td>
<td>Dr Prathibha Periera (Professor and HOD, Department of Geriatrics, JSS Medical College Hospital, Karnataka, India)</td>
<td>“BOOSTER BCG VACCINE TO PREVENT SEVERE COVID AMONG ELDERLY IN A COVID HOT SPOT OF SOUTHERN INDIA”</td>
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<td>13.45-14.00</td>
<td>B4</td>
<td>Mrs. U.M. Kalani Chathurangani (Faculty of Indigenous Medicine, Gamapaha Wickramarachchi University of Indigenous Medicine, Sri Lanka)</td>
<td>“THE INVESTIGATIVE STUDY ON AYURVEDA MANAGEMENT AND PREVENTIVE MEASURES FOR THE IMPACT OF COVID-19 AMONG ELDERLY PEOPLE”</td>
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FORUM  
Friday, 26th May 2023 | 14.00 IST to 15.45 IST | Galle Face 1

MODERATOR  
Theme: “Challenges and opportunities of Population Ageing”

Ms. Rosette Farrugia Bonello  
(Deputy Director, International Institute on Ageing, United Nations-Malta (INIA))

SPEAKERS

Dr. Datin Jacqueline WM Wong  
(Honorary Advisor, Demensia Brunei, Alzheimer's Disease International,  
Board Director, CommonAge, The Commonwealth Association for the Ageing)

Dr. Shiromi Maduwage  
(Public Health Specialist. Working as a Consultant Community Physician in the Ministry of Health Sri Lanka)

Dr. Alexandre Sidorenko  
(Senior Advisor, European Centre for Social Welfare Policy and Research, Vienna, Austria)

Ms. Femada Shamam  
(CEO, The Association for The Aged (TAFTA), Durban, KwaZulu-Natal, South Africa)

15.45-16.05  
Tea Break
**MEDICAL CONDITIONS**

Friday, 26th May 2023 | 16.15 IST to 17.45 IST | Galle Face 1

Chaired by <Session Chair>

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<tr>
<td>16.15-16.30</td>
<td>C1</td>
<td>Hani Oh <em>(Geriatric Department, Westmead Hospital, Australia)</em></td>
<td>“QUALITY OF LIFE AND FRAILTY IN OLDER PATIENTS WITH COLORECTAL CANCER”</td>
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<tr>
<td>16.30-16.45</td>
<td>C2</td>
<td>Dr Prathibha Periera <em>(Professor and HOD, Department of Geriatrics, JSS Medical College Hospital, Karnataka, India)</em></td>
<td>“CORRELATION OF FASTING C-PEPTIDE LEVELS WITH ABDOMINAL ADIPOSE TISSUE THICKNESS AND PANCREATIC SIZE AMONGST POORLY CONTROLLED DIABETIC ELDERLY PATIENTS”</td>
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<tr>
<td>16.45-17.00</td>
<td>C3</td>
<td>Ms. Umesha Dulanjari Withanachchi <em>(Ayurveda Medical officer, Department of Ayurveda, Sri Lanka)</em></td>
<td>“EVALUATION OF THE EFFECTIVENESS OF COMBINED THERAPY IN THE MANAGEMENT OF MELASMA IN OLDER WOMEN”</td>
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<tr>
<td>17.00-17.15</td>
<td>C4</td>
<td>Mrs. U.P. Priyadarshani Wijethunge <em>(Ayurveda Medical Officer, Gampaha Wickramarachchi Ayurveda Teaching Hospital Sri Lanka)</em></td>
<td>“STATISTICAL ANALYSIS BENIGN PROSTATIC HYPERPLASIA (BPH) PATIENTS IN SURGERY CLINIC AT GAMPHA- WICKRAMARACHCHI AYURVEDA TEACHING HOSPITAL (GWATH), YAKKALA, SRI LANKA”</td>
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<td>17.15-17.30</td>
<td>C5</td>
<td>Dr. Vanama. Lakshman Sai <em>(Geriatrics, JSSAHER, India )</em></td>
<td>“UNCOVERING THE UNEXPECTED: “RARE CASE OF ATYPICAL PRESENTATION OF PARATHYROID ADENOMA”</td>
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<td>17.30-17.45</td>
<td>C6</td>
<td>Summer Hassan <em>(Middlemore Hospital and Auckland City Hospital, New Zealand)</em></td>
<td>“SPECIAL CONSIDERATIONS IN OLDER SURGICAL PATIENTS”</td>
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PREVALENT/ DESCRIPTIVE/ FACTORS

Friday, 26th May 2023 | 17.45 IST to 19.00 IST | Galle Face 1
Chaired by Dr. Nidhi Mishra (Associate Professor, Dept. of Applied Psychology, GITAM School of Humanities and Social Sciences, GITAM (Deemed to be University), Visakhapatnam)

17.45-18.00  D1  Dr Srihan Parathan  *(Postgraduate Institute of Medicine, University of Colombo, Sri Lanka)*
“PATTERN OF SECOND OSTEOPOROTIC FRACTURES: A DESCRIPTIVE STUDY IN TWO TERTIARY CARE CENTERS IN SRI LANKA”

18.00-18.15  D2  Anthony On Chun Siu  *(Department of Medicine, King’s College London, The United Kingdom)*
“PHARMACOVIGILANCE IN THE ELDERLY: CHALLENGES AND ADVANCES”

18.15-18.30  D3  Prof. Lisa PL Low & Joanne MT CHEN  *(School of Health Sciences, Caritas Institute of Higher Education, Hong Kong)*
“RESTRAINT USE AMONG RESIDENTS WITH OR WITHOUT DEMENTIA IN INSTITUTIONALIZED HOME CARE SETTINGS”

18.30-18.45  D4  Sree Sanyal  *(CSRD, Jawaharlal Nehru University, New Delhi, India)*
“PREVALENCE OF MULTIMORBIDITY AMONG ELDERLY POPULATION IN WEST BENGAL”

18.45-19.00  D5  Ms. K.S. Sarangi Ariyarathana  *(Gamapaha Wickramaarachchi University of Indigenous Medicine, Sri Lanka)*
“A SYSTEMATIC REVIEW OF THE MOST PREVALENT GYNAECOLOGICAL ISSUES IN ELDERLY WOMEN”
DAY 02—SATURDAY, 27TH MAY 2023

PSYCHOLOGY/PSYCHIATRY

Saturday, 27th May 2023 | 8.30 IST to 9.15 IST | Galle Face 1
Chaired by Dr. Ponnusamy Subramaniam (Senior Lecturer/Clinical Psychologist, Healthy Aging & Wellness Research Center (H-Care), Faculty of Health Sciences, Universiti Kebangsaan Malaysia, Malaysia)

8.30 - 8.45 E1
Dr. R.V. Vidhyajini (Department of Kaumararabithya & Stree Roga, Gamapaha Wickramaarachchi University of Indigenous Medicine, Sri Lanka)
“YOGA THERAPY AS AN EFFECTIVE APPROACH FOR MANAGING HYPERTENSION AND PROMOTING CARDIOVASCULAR HEALTH IN OLDER ADULTS: A SYSTEMATIC REVIEW”

8.45 - 9.00 E2
Ms. J.K.B. Hansika Dhananjani (Faculty of Indigenous Medicine, Gampaha Wickramarachchi University of Indigenous Medicine, Sri Lanka)
“A SYSTEMATIC INVESTIGATION OF HYSTERIA MORE PRONE TO AFFECT IN ELDERLY WOMEN”

9.00 – 9.15 E3
Mr. R.V.K.T.M. Ramanayake (Faculty of Indigenous Medicine, Gamapaha Wickramaarachchi University of Indigenous Medicine, Yakkla, Sri Lanka)
“The Effectiveness of Happiness Therapy in Elder Care Management - A Preliminary Study”

POSTER PRESENTATIONS

Saturday, 27th May 2023 | 9.20 IST to 9.40 IST | Galle Face 1
Chaired by Dr. Ponnusamy Subramaniam (Senior Lecturer/Clinical Psychologist, Healthy Aging & Wellness Research Center (H-Care), Faculty of Health Sciences, Universiti Kebangsaan Malaysia, Malaysia)

9.20 — 9.30 P1
Alice Ditchfield (Care of the Elderly Ward, West Middlesex University Hospital, UK)
“VISION SCREENING AS PART OF FALLS ASSESSMENT ON THE CARE OF THE ELDERLY WARD”

9.30 — 9.40 P2
Associate Professor Yumiko Ishikawa (Department of Nursing, Teikyo Heisei University, Japan)
“SELF-REPORTED ACTIVITIES OF INDEPENDENT ELDERLIES WHO HAVE ORTHOPEDIC CONDITION”
9.45-10.15 Tea Break

**KEYNOTE FORUM**  Saturday, 27th May 2023 | 10.15 IST to 10.45 IST | Galle Face 1

10.15-10.45 Professor Athina Vlachantoni  
*(University of Southampton, United Kingdom)*

“Intergenerational Support and Ageing: A New Kind of Sandwich Generation?”

Dr. Athina is a Professor of Gerontology at the University of Southampton. Her background is in social policy (PhD, London School of Economics and Political Science; MSc, University of Oxford (Wolfson College); BA, Royal Holloway, University of London). She has successfully led numerous research projects in the areas of ageing, care and pensions. Athina is currently Chair of the Economic and Social Research Council’s Grant Assessment Panel (D), and Director of the ESRC South Coast Doctoral Training Partnership. She is also Deputy Director of the journal Ageing &amp; Society, and a member of the Editorial Board for the Journal of Social Policy. She was elected as a Fellow of the UK’s Academy of Social Sciences in 2022.

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KEYNOTE FORUM  Saturday, 27th May 2023 | 10.45 IST to 11.15 IST | Galle Face 1

10.45 -11.15 Professor Rhonda Nay  
*(La Trobe University, Australia)*


Dr. Rhonda Nay is Emeritus Professor at La Trobe University. Prior to her retirement, she was a Professor of Interdisciplinary Aged Care and Director of the Australian Institute for Primary Care and Ageing, the Australian Centre for Evidence-Based Aged Care, Vic and Tas Dementia Training Studies Centre and The Institute for Social Participation. She led the Victorian Hub of the Consumer Participation Dementia Research Centre and served on numerous government and professional committees and was a member of the Aged Care Accreditation Agency Board, the Federal Minister’s Advisory Committee on Ageing and the Minister’s Dementia Advisory Committee. Rhonda worked closely with Alzheimer’s Australia (now Dementia Australia) and other organisations advocating for improved care of older people. She served variously as Head of Nursing, Dean of the Faculty of Education, health and professional Studies and Director of the Centre for Initiatives in Health at the University of New England and was appointed Foundation Chair of Gerontic Nursing at La Trobe University, where she was also Director of the Gerontic Nursing Clinical Schools based at Melbourne Sab-acute facilities.
MOVIE
Saturday, 27th May 2023 | 11.15 to 11.45 | Galle Face 1

11.15-11.45 **Keys Bags Names Words**, which premiered in March at Creative Brain Week 2023, follows a cohort of young scientists, artists and policy experts from around the world who tackle the greatest global challenge for health and social care in the 21st century: dementia and brain health. With creativity, humor and compassion, they shift the narrative of dementia from fear and hopelessness to one of hope and action.

Produced in partnership with the **Global Brain Health Institute**, the film shows intimate profiles of people living with dementia and their care partners, featuring discussions with doctors on how to support brain health and prevent cognitive decline. An inspiring celebration of the strength of the human spirit, this film affirms that we can reduce our risk of developing dementia and look forward to aging — that those with dementia can improve symptoms, have a voice and live a higher quality of life — and that their care partners can connect meaningfully with loved ones who may have forgotten them.

KEYNOTE FORUM
Saturday, 27th May 2023 | 11.45 to 12.15 | Galle Face 1

11.45-12.15 Professor Linda Clare

*(Professor of Clinical Psychology of Ageing and Dementia at the University of Exeter Medical School, United Kingdom)*

“Living Well with Mild-to-Moderate Dementia”

Linda Clare is Professor of Clinical Psychology of Ageing and Dementia at the University of Exeter Medical School. Trained as a clinical psychologist, she leads the University’s Centre for Research in Ageing and Cognitive Health (REACH). Her research aims to improve the lives of older people and people with dementia through a focus on living well with dementia, developing rehabilitative approaches to optimise independence, and supporting family care. This includes the IDEAL longitudinal cohort study, an Alzheimer’s Society Centre of Excellence, which investigates what helps people with dementia and family carers to live well with the condition. Linda has published over 300 peer-reviewed journal articles and book chapters. She is an Editor for the journal Neuropsychological Rehabilitation and a Fellow of the British Psychological Society, the Academy of Social Sciences and the Gerontological Society of America. In 2004 she received the May Davidson award from the British Psychological Society for her contribution to the development of clinical psychology in the UK. She was awarded the degree of Doctor of Science in 2015 in recognition of her work on awareness in people with dementia. She is registered as a practitioner with the UK Health and Care Professions Council.

12.15 - 13.00 Networking Lunch
WORKSHOP  
Saturday, 27th May 2023 | 13.00 to 16.00 | Galle Face 1

13.00 - 16.00  
**WORKSHOP FACILITATOR**

Dr Anton H Buddhika Peiris

*(Auckland Hospital & Geriatric Care Australia, Australia)*

“The Essential Skills Set to Manage the Needs of Older Adults with Memory Impairment Living in the Community”

Dr Anton H Buddhika Peiris is a geriatrician working in Auckland, New Zealand. He obtained his primary medical degree from Colombo Medical School and completed local training in General Medicine at the Postgraduate Institute of Medicine, Colombo. Then he worked as a general physician in Sri Lanka before migrating to New Zealand. There he obtained his FRACP and joined Older People’s Health Service at Auckland City Hospital as a specialist geriatrician. He also has had additional training in Palliative Medicine, obtaining a Diploma from Sydney Institute of Palliative Medicine, Australia. His research interests include frailty, falls and stroke rehabilitation.

16.00 - 16.30  
Tea Break
TRADITIONAL/ ALTERNATIVE MEDICINE

Saturday, 27th May 2023 | 16.30 IST to 18.00 IST | Galle Face 1

Chaired by Dr Prathibha Periera (Professor and HOD, Department of Geriatrics, JSS Medical College Hospital, Karnataka, India)

16.30-16.45 F1
Mrs. P.A. Rumali Navodya Samarakoon (Gampaha Wickramarachchi University of Indigenous Medicine, Sri Lanka)

“REVIEW OF Ocimum sanctum WITH SPECIAL REFERENCE TO ALZHEIMER’S DISEASE IN OLDER ADULTS”

16.45-17.00 F2
Mrs. H.A. Renuka Priyadharshani Perera (Senior lecturer, Department of Kaumarabhrithya & Stree Roga, Gampaha Wickramarachchi University of Indigenous Medicine, Sri Lanka)

“EFFECT OF DOMBA THAILA (Calophyllum inophyllum SEED OIL) TRADITIONAL TREATMENT ON KNEE OSTEOARTHRITIS (Janusandhigata vata) IN ELDERLY WOMEN: A CLINICAL STUDY”

17.00-17.15 F3
B.W.A.S. Gunaratna (Lecturer (probationary), Tourism and Cosmetology division, University College of Kuliapitiya, University of Vocational Technology, Sri Lanka)

“ROLE OF AYURVEDA Basthi karma (ENEMA) AS A GERIATRIC HEALTH PROMOTIVE TREATMENT (A PRELIMINARY REVIEW)”

17.15-17.30 F4
Ms. Siromany Luckshalini (Gampaha Wickramarachchi University of Indigenous Medicine, Sri Lanka)

“A CRITICAL REVIEW ON Chyavanprash DRUG USED IN GERIATRIC CONDITION”

17.30-17.45 F5
Ms. M.M. Harshika Madhushani Jayasinghe (Department of Kaumarabhruthya and Stri Roga, Gampaha Wickramarachchi University of Indigenous Medicine, Sri Lanka)

“A COMPREHENSIVE REVIEW OF THE NUTRITIONAL, THERAPEUTIC AND PROPHYLACTIC PROPERTIES OF Asparagus racemosus IN GERIATRICS CARE”

17.45-18.00 F6
Ms. T. Hashini Randika Madushani (Gampaha Wickramarachchi University of Indigenous Medicine, Sri Lanka)

“EFFICACY OF Mucuna pruriens IN THE MANAGEMENT OF Dwajabhanga klaibya IN GERIATRIC PRACTICE – A REVIEW”
CONFERENCE CLOSURE

Saturday, 27th May 2023 | 18.00 IST to 18.30 IST | Galle Face 1

18.00 - 18.25  Conference Concluding and Awarding Ceremony

18.25 - 18.30  Vote of Thanks

Anne Liyanage (Head of Operations, iConferences, Sri Lanka)