

MESSAGE FROM THE CONFERENCE CHAIR Silver Age 2023



Dr. Ponnusamy Subramaniam

Conference Chairperson - Gerontology and Geriatric Medicine (Silver Age) 2023
Senior Lecturer/Clinical Psychologist,
Healthy aging & Wellness Research Centre(H-care),
Universiti Kebangsaan,
Malaysia

I am delighted to welcome you to the 4th International Conference on Gerontology and Geriatric Medicine (Silver Age 2023) in Colombo, Sri Lanka. On behalf of the organizing committee of this international conference, we would like to welcome all the participants and presenters, both joining in-person and virtually. I am all the more delighted to welcome the eminent keynote and plenary speakers to Silver Age 2023. This conference will trigger ideas and provides a platform for researchers to exchange ideas on the current and future issues related to ageing studies.

The main focus of Silver Age 2023 is to raise awareness about the challenges that occur due to the speed of population ageing and the experience of being old in this contemporary world. Thus, this conference is a timely focus whereby 1.4 billion older adults in the world (2020) and by 2050 this number will increase to 2.1 billion. Silver Age 2023 recognizes the importance of addressing various contemporary issues in Geriatrics/Geriatric Medicine and Gerontology to improve the quality of life for older adults.

The theme of this year's conference, "*Active and healthy Ageing*" is particularly timely to face future challenges as we look forward to enhancing preparedness towards healthy ageing efforts. The conference organizing committee has developed 30 wide range and comprehensive conference tracks for discussion, knowledge sharing and showcasing the latest research developments in active and healthy ageing which will benefit the international committee. I am confident all the presentations, keynotes, dialogues, discussions, best practices, plans and research articles will significantly improve current practice and open new pathways for better care for older adults.

I sincerely hope this conference will be both stimulating and rewarding to all our participants and respected guests. I hope this conference will also open networking and promote learning and dialogues to further improve the quality of life of older adults.

I wish all participants a successful conference. Thank you!

Message from the International Institute on Ageing United Nations-Malta (INIA)



Rosette Farrugia-Bonello

Deputy Director

International Institute on Ageing United Nations-Malta (INIA)

The International Institute on Ageing United Nations-Malta (INIA) is for the fourth consecutive year, the academic partner to SilverAge 2023 International conference on Gerontology and Geriatric Medicine, this year running under the theme "*Active and Healthy Ageing*".

Active and Healthy ageing has become an inescapable priority worldwide. With one in eleven persons in the world already aged 65 years or over, and projected to increase to as much as one in six by the year 2050, population ageing can no longer be ignored. The future will witness even dramatic changes. There were 703 million persons aged 65 years or over in the world in 2019, a figure that is projected to double to 1.5 billion in 2050. In recent decades, population ageing has been fastest in Eastern and South-Eastern Asia, Latin America and the Caribbean. Between 1990 and 2019, the percentage of the population aged 65-plus almost doubled from 6 to 11 percent in Eastern and South-Eastern Asia, and from 5 to 9 percent in Latin America and the Caribbean. The largest increases in the 65-plus cohort are foreseen in the Republic of Korea with 23 percent, followed by 20.9 percent in Singapore between 2019 and 2050.

Population ageing is certainly a cause of celebration as longevity is one of humanity's greatest achievements. It is an indicator of social and economic progress, heralding the triumph of science and public policy to extend human lives, and emphasising success in maintaining improved levels of health, independence, and autonomy. Indeed, many national policies on ageing embrace a positive view of human ageing, as policy makers move away from the traditional view of older persons as poor, frail, and unemployable, and instead, perceiving population ageing as offering a myriad of opportunities. Advances in 'healthy' life years improved the wellbeing of older persons, extended working lives, and most importantly, decreased the pressure on health and social care systems.

The ageing population will translate into different demands for health-related products and services and requiring an overall reorganisation of leisure. The promotion of healthy ageing is thus a growing policy priority, in order to help older persons, stay in charge of their own lives for as long as possible as they age and, where possible, to contribute to the economy and society. It is important to involve civil society to address the complex societal challenge of active and healthy ageing. Simple activities can have a tremendous impact on older residents' wellbeing and community involvement.

SilverAge 2023 will provide an ideal forum for discussing and debating the many issues related to Active and Healthy ageing. This event will encourage academics and scholars to exchange ideas and views, provide an opportunity for renewing old acquaintances, making new contacts, networking, and facilitating partnerships across national and disciplinary borders.

The International Institute on Ageing, United Nations-Malta was set up by a resolution of the United Nations Economic and Social Council which recommended to the United Nations Secretary-General the establishment of such an Institute to meet the need of trained personnel in the field of ageing especially from low-income countries and from countries with economies-in-transition. The Institute was inaugurated on 15th April, 1988 by the then UN Secretary-General, H.E. Mr. Javier Pérez de Cuéllar. Since its founding, INIA has acquired unique experience and expertise in organising and conducting training programmes in various areas of ageing policy. INIA serves as a catalyst for governments to create bold and ambitious long-term policy frameworks for ageing societies. Whilst older persons constitute an important resource for contemporary societies, later life should be experienced as an age of opportunity.



TECHNICAL PROGRAM

DAY 01 - FRIDAY, 26TH MAY 2023

INAUGURATION SESSION

Friday, 26th May 2023 | 08.30 IST to 10.00 IST | Galle Face 1

08.30 - 09.00 **Conference Registration**

09.00 - 09.30 **Morning Refreshments**

09.35 - 09.45 **Welcome Address by the Conference Convener**



Ms. Thulakshana Dilrukshi
(Conference Manager, iConferences, Sri Lanka)

09.45 - 09.55 **Welcome Address by the Conference Chair**



Dr. Ponnusamy Subramaniam
(Dr. Ponnusamy Subramaniam, Senior Lecture/Cinical
Psychologist, Healthy Aging & Wellness Research Center (H-Care),
Universiti Kebangsaan Malaysia, Malaysia)

09.55 - 10.00 **Conference Photograph**

KEYNOTE FORUM Friday, 26th May 2023 | 10.00 IST to 10.30 IST | Galle Face 1

10.00 – 10.30 Dr. Shiromi Maduwage



(Public Health Specialist, Consultant Community Physician, Ministry of Health, Sri Lanka)

"Navigating the Challenges of Population Ageing towards a Resilient and Inclusive Society for Older Persons"

Dr. Shiromi Maduwage is a Public Health Specialist. Working as a Consultant Community Physician in the Ministry of Health Sri Lanka. She has extensive work experience in Public Health including the Elderly, because of that she engages in planning, implementation, monitoring and evaluation of public health programmes with a special focus on the elderly, disabled at the National and Provincial levels in Sri Lanka. A researcher with skills in conducting elderly care research. Presentations and publications of research articles at the national and international levels. Experience in medical undergraduate and postgraduate teaching and supervising elderly research projects. Council member to the National council of elderly, Sri Lanka. Founder member in Geriatric Association, Sri Lanka and a member of Palliative care and end of life care taskforce, Sri Lanka. Council member and the Secretary 2016/2017 and the treasurer 2018/2019 of the College of Community Physicians of Sri Lanka. Council Member of The International Institute on Ageing (Malta) Satellite Centre for SAARC.

KEYNOTE FORUM Friday, 26th May 2023 | 10.30 IST to 11.00 IST | Galle Face 1

10.30 – 11.00 Prof. Irene Blackberry



(John Richards Chair of Rural Ageing and Aged Care Research, Director of the John Richards Centre, La Trobe University, Australia)

"Transforming Care for Older Adults: Co-designing Impactful and Sustainable Innovations"

Professor Irene Blackberry is the John Richards Chair of Rural Ageing and Aged Care Research and Director of the John Richards Centre at La Trobe University, Wodonga. Irene is the Past President of the Australian Association of Gerontology Victoria, Associate Editor of Elsevier Primary Care Diabetes journal and on the Editorial Board of Geriatrics journal. She has a medical background and is a health services researcher with significant expertise in designing and conducting pragmatic trials of complex multifactorial health services.

There are two major research streams to her work on chronic diseases and ageing, united by a focus on the implementation science of complex multifactorial intervention across the community, primary and secondary care settings drawing on both qualitative and quantitative research methods. She has attracted over \$40M in research funding and published 150 reports and journal articles including as a first author in the British Medical Journal and Medical Journal of Australia. Her current research focuses on improving access to care delivery for older people with complex chronic conditions. Her research interests include dementia, diabetes, chronic disease, primary care, digital health, geriatric medicine, and rural health.

AWARENESS/ ATTITUDE/ COMPETENCY

Friday, 26th May 2023 | 11.00 IST to 12.15 IST | Galle Face 1

Chaired by Dr. Shiromi Maduwage,

(Public Health Specialist, Consultant Community Physician, Ministry of Health, Sri Lanka)

TECHNICAL SESSION 01

11.00 - 11.15 A1



Dr. Thirumagal Yogaparan

(Asst. Professor, Div. of Geriatric Medicine, Dept. of Medicine, University of Toronto)

"CANADIAN GERIATRICS SOCIETY, AGING CARE 5M GRADUATING MEDICAL STUDENT COMPETENCIES"

11.15 - 11.30 A2



Warsha Jagroep

(Department of Socio-Medical Sciences, Erasmus School of Health Policy & Management, Erasmus University, Rotterdam, Netherlands)

"NEIGHBOURHOOD AGE-FRIENDLINESS AND WELL-BEING REALIZATION: VIEWS OF OLDER SURINAMESE ADULTS"

11.30 - 11.45 A3



ZENG Wen

(Chief Advisor Senior Technician, Dementia Medical Center, Macao Health Bureau)

"AWARENESS OF DEMENTIA CARE AMONG COMMUNITYDWELLING OLDER PEOPLE IN MACAO"

11.45 - 12.00 A4



Dr Rodney Jilek

(Managing Director, Community Home Australia)

"THE COMMUNITY HOME MODEL OF CARE FOR PEOPLE LIVING WITH YOUNGER ONSET DEMENTIA"

12.00 - 12.15 A5



Dr Prakash Kumar

(Amity Institute of Health Allied Science, Amity University, Noida, India)

"WEB-BASED RECOMMENDED EDUCATIONAL TOOL TO SUPPORT FAMILY CAREGIVERS OF OLDER ADULTS WITH COGNITIVE DEFICIT"

12.15 – 13.00 **Networking Lunch**

COVID-19

Friday, 26th May 2023 | 13.00 IST to 14.00 IST | Galle Face 1

Chaired by **Dr. Ponnusamy Subramaniam**

(Senior Lecturer/Clinical Psychologist, Healthy Aging & Wellness Research Center (H-Care),
Universiti Kebangsaan Malaysia, Malaysia)

TECHNICAL SESSION 02

13.00 – 13.15 B1



Dr. Shilpa Avarebeel

(Associate Professor, Department of Geriatrics, JSS Medical College Hospital,
Karnataka, India)

"AWARENESS AND ACCEPTANCE OF COVID 19 VACCINE AMONG
GERIATRIC POPULATION OF A SOUTH INDIAN TIER 2 CITY"

13.15 – 13.30 B2



Dr. Tejeswini C J

(Associate Professor, Department of Geriatrics, JSS Medical College Hospital,
Karnataka, India)

"INSIGHT INTO COMORBIDITIES AND MORTALITY IN COVID POSITIVE
ELDERLY IN A SOUTH INDIAN HOSPITAL WITH EMPHASIS ON OLDEST
OLD "

13.30 – 13.45 B3



Dr. Prathiba Periera

(Professor and HOD, Department of Geriatrics, JSS Medical College Hospital,
Karnataka, India)

"BOOSTER BCG VACCINE TO PREVENT SEVERE COVID AMONG ELDERLY
IN A COVID HOT SPOT OF SOUTHERN INDIA"

13.45 – 14.00 B4



Mrs. U.M. Kalani Chathurangani

(Faculty of Indigenous Medicine, Gamapaha Wickramarachchi University of
Indigenous Medicine, Sri Lanka)

"THE INVESTIGATIVE STUDY ON AYURVEDA MANAGEMENT AND
PREVENTIVE MEASURES FOR THE IMPACT OF COVID-19 AMONG
ELDERLY PEOPLE"

FORUM

Friday, 26th May 2023 | 14.00 IST to 15.45 IST | Galle Face 1

Theme: "Challenges and Opportunities of Population Ageing"

MODERATOR



Ms. Rosette Farrugia Bonello

(Deputy Director, International Institute on Ageing, United Nations-Malta (INIA))

SPEAKERS



Dr. Dartin Jacqueline WM Wong

(Honorary Advisor, Demensia Brunei, Alzheimer's Disease International, Board Director, CommonAge, The Commonwealth Association for the Ageing)



Dr. Shiromi Maduwage

(Public Health Specialist. Working as a Consultant Community Physician in the Ministry of Health Sri Lanka)



Dr. Alexandre Sidorenko

(Senior Advisor, European Centre for Social Welfare Policy and Research, Vienna, Austria)



Ms. Femada Shamam

(CEO, The Association for The Aged (TAFTA), Durban, KwaZulu-Natal, South Africa)

15.45 - 16.05 **Tea Break**

MEDICAL CONDITIONS

Friday, 26th May 2023 | 16.15 IST to 17.45 IST | Galle Face 1

Chaired by Dr. Dr Arvind Mathur
(Indian Academy of Geriatrics (IAG), India)

TECHNICAL SESSION 03

16.15 - 16.30 C1



Hani Oh

(Geriatric Department, Westmead Hospital, Australia)

"QUALITY OF LIFE AND FRAILTY IN OLDER PATIENTS WITH COLORECTAL CANCER"

16.30 - 16.45 C2



Dr. Prathibha Periera

(Professor and HOD, Department of Geriatrics, JSS Medical College Hospital, Karnataka, India)

"CORRELATION OF FASTING C-PEPTIDE LEVELS WITH ABDOMINAL ADIPOSE TISSUE THICKNESS AND PANCREATIC SIZE AMONGST POORLY CONTROLLED DIABETIC ELDERLY PATIENTS"

16.45 - 17.00 C3



Ms. Umesha Dulanjari Withanachchi

(Ayurveda Medical officer, Department of Ayurveda, Sri Lanka)

"EVALUATION OF THE EFFECTIVENESS OF COMBINED THERAPY IN THE MANAGEMENT OF MELASMA IN OLDER WOMEN"

17.00 - 17.15 C4



Mrs. U.P. Priyadarshani Wijethunge

(Ayurveda Medical Officer, Gampaha Wickramarachchi Ayurveda Teaching Hospital Sri Lanka)

"STATISTICAL ANALYSIS BENIGN PROSTATIC HYPERPLASIA (BPH) PATIENTS IN SURGERY CLINIC AT GAMPAHA WICKRAMARACHCHI AYURVEDA TEACHING HOSPITAL (GWATH), YAKKALA, SRI LANKA"

17.15 - 17.30 C5



Dr. Vanama. Lakshman Sai

(Geriatrics, JSSAHER, India)

"UNCOVERING THE UNEXPECTED: "RARE CASE OF ATYPICAL PRESENTATION OF PARATHYROID ADENOMA"

17.30 - 17.45 C6



Summer Hassan

(Middlemore Hospital and Auckland City Hospital, New Zealand)

"SPECIAL CONSIDERATIONS IN OLDER SURGICAL PATIENTS"

PREVALENT/ DESCRIPTIVE/ FACTORS

Friday, 26th May 2023 | 17.45 IST to 19.00 IST | Galle Face 1

Chaired by Dr. Nidhi Mishra

(Assoc. Prof. , Dept. of Applied Psychology, GITAM School of Humanities and Social Sciences,
GITAM (Deemed to be University), india)

TECHNICAL SESSION 04

17.45 - 18.00 D1



Dr Sriharan Parathan

(Postgraduate Institute of Medicine, University of Colombo, Sri Lanka)

"PATTERN OF SECOND OSTEOPOROTIC FRACTURES; A DESCRIPTIVE STUDY IN TWO TERTIARY CARE CENTERS IN SRI LANKA"

18.00 - 18.15 D2



Anthony On Chun Siu

(Department of Medicine, King's College London, The United Kingdom)

"PHARMACOVIGILANCE IN THE ELDERLY: CHALLENGES AND ADVANCES"

18.15 - 18.30 D3



Prof. Lisa PL Low & Joanne MT CHEN

(School of Health Sciences, Caritas Institute of Higher Education, Hong Kong)

"RESTRAINT USE AMONG RESIDENTS WITH OR WITHOUT DEMENTIA IN INSTITUTIONALIZED HOME CARE SETTINGS"

18.30 - 18.45 D4



Sree Sanyal

(CSRD, Jawaharlal Nehru University, India)

"PREVALENCE OF MULTIMORBIDITY AMONG ELDERLY POPULATION IN WEST BENGAL"

18.45 - 19.00 D5



Ms. K.S. Sarangi Ariyarathana

(Gamapaha Wickramaarachchi University of Indigenous Medicine, Sri Lanka)

"A SYSTEMATIC REVIEW OF THE MOST PREVALENT GYNAECOLOGICAL ISSUES IN ELDERLY WOMEN"



DAY 02 - FRIDAY, 27TH MAY 2023

PSYCHOLOGY/ PSYCHIATRY

Saturday, 27th May 2023 | 8.30 IST to 9.15 IST | Galle Face 1

Chaired by Dr. Ponnusamy Subramaniam

(Senior Lecturer/Clinical Psychologist, Healthy Aging & Wellness Research Center (H-Care),
Universiti Kebangsaan Malaysia, Malaysia)

TECHNICAL SESSION 05

08.30 - 08.45 E1



Dr. R.V. Vidhyajini

(Department of Kaumarabhrithya & Stree Roga, Gamapaha Wickramaarachchi University of Indigenous Medicine, Sri Lanka)

"YOGA THERAPY AS AN EFFECTIVE APPROACH FOR MANAGING HYPERTENSION AND PROMOTING CARDIOVASCULAR HEALTH IN OLDER ADULTS: A SYSTEMATIC REVIEW"

08.45 - 09.00 E2



Ms. J.K.B. Hansika Dhananjani

(Faculty of Indigenous Medicine, Gampaha Wickramarachchi University of Indigenous Medicine, Sri Lanka)

"A SYSTEMATIC INVESTIGATION OF HYSTERIA MORE PRONE TO AFFECT IN ELDERLY WOMEN"

09.00 - 09.15 E3



Mr. R.V.K.T.M. Ramanayake

(Faculty of Indigenous Medicine, Gamapaha Wickramaarachchi University of Indigenous Medicine, Yakkla, Sri Lanka)

"THE EFFECTIVENESS OF HAPPINESS THERAPY IN ELDER CARE MANAGEMENT - A PRELIMINARY STUDY"

POSTER PRESENTATIONS

Saturday, 27th May 2023 | 9.20 IST to 9.40 IST | Galle Face 1

Chaired by Dr. Ponnusamy Subramaniam

(Senior Lecturer/Clinical Psychologist, Healthy Aging & Wellness Research Center (H-Care), Universiti Kebangsaan Malaysia, Malaysia)

Poster Presentations

09.20 - 09.30 P1

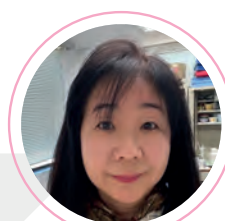


Alice Ditchfield

(Care of the Elderly Ward, West Middlesex University Hospital, UK)

"VISION SCREENING AS PART OF FALLS ASSESSMENT ON THE CARE OF THE ELDERLY WARD"

09.30 - 09.40 P2



Associate Professor Yumiko Ishikawa

(Department of Nursing, Teikyo Heisei University, Japan)

"SELF-REPORTED ACTIVITIES OF INDEPENDENT ELDERLIES WHO HAVE ORTHOPEDIC CONDITION"

09.45 – 10.15 **Morning Refreshments**

KEYNOTE FORUM Saturday, 27th May 2023 | 10.15 IST to 10.45 IST | Galle Face 1

10.15 – 10.45

Professor Athina Vlachantoni

(University of Southampton, United Kingdom)



"Intergenerational Support and Ageing: A New Kind of Sandwich Generation?"

Dr. Athina is a Professor of Gerontology at the University of Southampton. Her background is in social policy (PhD, London School of Economics and Political Science; MSc, University of Oxford (Wolfson College); BA, Royal Holloway, University of London). She has successfully led numerous research projects in the areas of ageing, care and pensions. Athina is currently Chair of the Economic and Social Research Council's Grant Assessment Panel (D), and Director of the ESRC South Coast Doctoral Training Partnership. She is also Deputy Director of the journal Ageing & Society, and a member of the Editorial Board for the Journal of Social Policy. She was elected as a Fellow of the UK's Academy of Social Sciences in 2022

KEYNOTE FORUM Saturday, 27th May 2023 | 10.45 IST to 11.15 IST | Galle Face 1

10.45 – 11.15

Professor Rhonda Nay

(La Trobe University, Australia)



"Stigma, Silos, Politics and Poppycock: What Happened to PCC, Evidence and Leadership?"

Dr. Rhonda Nay is Emeritus Professor at La Trobe University. Prior to her retirement, she was a Professor of Interdisciplinary Aged Care and Director of the Australian Institute for Primary Care and Ageing, the Australian Centre for Evidence Based Aged Care, Vic and Tas Dementia Training Studies Centre and The Institute for Social Participation. She led the Victorian Hub of the Consumer Participation Dementia Research Centre and served on numerous government and professional committees and was a member of the Aged Care Accreditation Agency Board, the Federal Minister's Advisory Committee on Ageing and the Minister's Dementia Advisory Committee. Rhonda worked closely with Alzheimer's Australia (now Dementia Australia) and other organisations advocating for improved care of older people. She served variously as Head of Nursing, Dean of the Faculty of Education, health and professional Studies and Director of the Centre for Initiatives in Health at the University of New England and was appointed Foundation Chair of Gerontic Nursing at La Trobe University, where she was also Director of the Gerontic Nursing Clinical Schools based at Melbourne Sub-acute facilities .

MOVIE

Saturday, 27th May 2023 | 11.15 IST to 11.45 IST | Galle Face 1

11.15 - 11.45

Keys Bags Names Words, which premiered in March at Creative Brain Week 2023, follows a cohort of young scientists, artists and policy experts from around the world who tackle the greatest global challenge for health and social care in the 21st century: dementia and brain health. With creativity, humor and compassion, they shift the narrative of dementia from fear and hopelessness to one of hope and action.

Produced in partnership with the Global Brain Health Institute, the film shows intimate profiles of people living with dementia and their care partners, featuring discussions with doctors on how to support brain health and prevent cognitive decline. An inspiring celebration of the strength of the human spirit, this film affirms that we can reduce our risk of developing dementia and look forward to aging that those with dementia can improve symptoms, have a voice and live a higher quality of life and that their care partners can connect meaningfully with loved ones who may have forgotten them.

KEYNOTE
FORUM

Saturday, 27th May 2023 | 11.45 IST to 12.15 IST | Galle Face 1

11.45 - 12.15

Professor Linda Clare

(Professor of Clinical Psychology of Ageing and Dementia at the University of Exeter Medical School, United Kingdom)



"Living Well with Mild-to-Moderate Dementia"

Linda Clare is Professor of Clinical Psychology of Ageing and Dementia at the University of Exeter Medical School. Trained as a clinical psychologist, she leads the University's Centre for Research in Ageing and Cognitive Health (REACH). Her research aims to improve the lives of older people and people with dementia through a focus on living well with dementia, developing rehabilitative approaches to optimise independence, and supporting family care. This includes the IDEAL longitudinal cohort study, an Alzheimer's Society Centre of Excellence, which investigates what helps people with dementia and family carers to live well with the condition. Linda has published over 300 peer-reviewed journal articles and book chapters. She is an Editor for the journal *Neuropsychological Rehabilitation* and a Fellow of the British Psychological Society, the Academy of Social Sciences and the Gerontological Society of America. In 2004 she received the May Davidson award from the British Psychological Society for her contribution to the development of clinical psychology in the UK. She was awarded the degree of Doctor of Science in 2015 in recognition of her work on awareness in people with dementia. She is registered as a practitioner with the UK Health and Care Professions Council.

12.15 - 13.00

Networking Lunch

Saturday, 27th May 2023

13.00 IST to 16.00 IST

Galle Face 1

WORKSHOP

"The Essential Skills Set to Manage the
Needs of Older Adults with Memory
Impairment Living in the Community"

13.00 – 16.00 **WORKSHOP FACILITATOR**



Dr Anton H Buddhika Peiris

(Auckland Hospital & Geriatric Care Australia, Australia)

Dr Anton H Buddhika Peiris is a geriatrician working in Auckland, New Zealand. He obtained his primary medical degree from Colombo Medical School and completed local training in General Medicine at the Postgraduate Institute of Medicine, Colombo. Then he worked as a general physician in Sri Lanka before migrating to New Zealand. There he obtained his FRACP and joined Older People's Health Service at Auckland City Hospital as a specialist geriatrician. He also has had additional training in Palliative Medicine, obtaining a Diploma from Sydney Institute of Palliative Medicine, Australia. His research interests include frailty, falls and stroke rehabilitation.

16.00 – 16.30 **Tea Break**

TRADITIONAL/ ALTERNATIVE MEDICINE

Saturday, 27th May 2023 | 16.30 IST to 18.00 IST | Galle Face

Chaired by Dr Prathibha Periera

(Prof. and HOD, Department of Geriatrics, JSS Medical College Hospital, India)

TECHNICAL SESSION 06

16.30 - 16.45 F1



Mrs. P.A. Rumali Navodya Samarakoon

(Gampaha Wickramarachchi University of Indigenous Medicine, Sri Lanka)

"REVIEW OF *Ocimum sanctum* WITH SPECIAL REFERENCE TO ALZHEIMER'S DISEASE IN OLDER ADULTS"

16.45 - 17.00 F2



Mrs. H.A. Renuka Priyadharshani Perera

(Senior lecturer, Department of Kaumarabhrithya & Stree Roga, Gampaha Wickramarchchi University of Indigenous Medicine, Sri Lanka)

"EFFECT OF DOMBA THAILA (*Calophyllum inophyllum* SEED OIL) TRADITIONAL TREATMENT ON KNEE OSTEOARTHRITIS (*Janusandhigatha vata*) IN ELDERLY WOMEN: A CLINICAL STUDY"

17.00 - 17.15 F3



B.W.A.S. Gunarathna

(Lecturer (probationary), Tourism and Cosmetology division, University College of Kuliypitiya, University of Vocational Technology, Sri Lanka)

"ROLE OF AYURVEDA *Basthi karma* (ENEMA) AS A GERIATRIC HEALTH PROMOTIVE TREATMENT (A PRELIMINARY REVIEW)"

17.15 - 17.30 F4



Ms. Siromany Luckshalini

(Gampaha Wickramarchchi University of Indigenous Medicine, Sri Lanka)

"A CRITICAL REVIEW ON *Chyavanprash* DRUG USED IN GERIATRIC CONDITION"

17.30 - 17.45 F5



Ms. M.M. Harshika Madhushani Jayasinghe

(Department of Kaumarabhrithya and Stri Roga, Gampaha Wickramarchchi University of Indigenous Medicine, Sri Lanka)

"A COMPREHENSIVE REVIEW OF THE NUTRITIONAL, THERAPEUTIC AND PROPHYLACTIC PROPERTIES OF *Asparagus racemosus* IN GERIATRICS CARE"

17.45 - 18.00 F6



Ms. T. Hashini Randika Madushani

(Gampaha Wickramarchchi University of Indigenous Medicine, Sri Lanka)

"EFFICACY OF *Mucuna pruriens* IN THE MANAGEMENT OF *Dwayabhanga klaya* IN GERIATRIC PRACTICE A - REVIEW"

CONFERENCE CLOSURE Saturday, 27th May 2023 | 18.00 IST to 18.30 IST | Galle Face 1

18.00 - 18.25 **Conference Concluding and Awarding Ceremony**

18.25 - 18.30 **Vote of Thanks**
Anne Liyanage
(Executive Operations, iConferences, Sri Lanka)

UPCOMING CONFERENCES

4th International Conference on Agriculture Food Security and Safety (AgroFood 2023)

"Exploring Agro-food Resilience and Business Adaptation to a Changing Environment"

14-15 July 2023

Online and in person (hybrid)

Colombo, Sri Lanka



www.agrofoodconference.com



2nd International Conference on Women (WOMEN 2023)

"Women's Rights for an Equal World: Issues and Challenges"

11-12 August 2023

Online and in person (hybrid)

Colombo, Sri Lanka



www.womenconference.co



2nd International Conference on Teaching, Education and Learning (TEL 2023)

"Humanizing Education: Learning in the Next Century"

03-04 November 2023

Online and in person (hybrid)

Bangkok, Thailand



www.telconference.co



5th International Conference on Public Health and Well-being (Public Health 2023)

"Interventions to Mitigate Risk Factors for Public Health Issues"

07-08 November 2023

Online and in person (hybrid)

Bangkok, Thailand



www.publichealthconferences.com



5th International Conference on Gerontology and Geriatric Medicine (SilverAge 2024)

Will be announced soon..



www.silverageconference.com



iConferences

End-of-event Participant Evaluation Form

Event Title

Your Country Event Location

Dates of Event From To

Please respond to the following questions by ticking one box only for each question.

Your views are very important and will help us to improve our events, facilities, etc.

Section 1 – event

Scoring Example (High-Low)

6	5	4	3	2	1
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1 Overall, my satisfaction with this event was...

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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2 The benefit of being introduced to this Conference' concepts and practices were...

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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3 The relevance of the event for my current work was...

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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4 The benefit of meeting colleagues/exchanging information in an international context was...

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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5 The level of difficulty of the event was...

ideal

Too high

Too low

Section 2 – materials

6 The usefulness of the background material was...

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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7 The usefulness of event handouts (overheads, case studies, etc) was...

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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Section 3 – event delivery

- 8 Overall, the quality of discussions and dialogue for this event was...
- 9 The opportunities for participants to interact (Have questions answered, share concerns and experiences, etc) during the event were...
Ideal Too many
Too Few
- 10 The time devoted to case studies and other interactive activities was...
Ideal Too much
Too little
- 11 The time devoted to presentations by too much participants was...
Ideal Too much
Too little

Section 4 – event administration

- 12 Overall, my satisfaction with the administration of the event was...
- 13 The quality of pre-event administration was...
- 14 Did you receive syllabus and event information in sufficient time before the event for them to be useful? yes no
- 15 Did you receive practical information (about the accommodation and other facilities, etc) prior to the event? yes no
- 16 The usefulness of information received was...

Section 5 – event facilities

- 17 The quality of the facilities (rooms, furniture, communication aids, photocopying, etc) provided at the event was...
- 18 The quality of the accommodation (sleeping quarters, meals, common areas, services, etc), where provided, was...

1. What is the preferable method of delivery (Online/ Physical)? Why?

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2. What topics would you like to see covered next year?

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3. What would be the preferred country and venue?

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4. What was the most valuable part of the event for you?

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5. What made you decide to attend the event?

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6. Do you have any additional suggestions for this event?

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Please return completed questionnaire to iConferences team. Thank you for your co-operation.

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