



MESSAGE FROM THE CONFERENCE CHAIRPERSON SILVERAGE 2025



It is my great honor and privilege to welcome you to the Silver Age Conference 2025, held under the theme "Ageing in a Changing World: Tackling Global Challenges in Gerontology and Geriatric Health." This theme resonates deeply with the realities of our time, as societies across the globe face the complex and dynamic challenges of demographic shifts, increasing longevity, and the urgent need for sustainable policies and practices that uphold the dignity and wellbeing of older adults.

The Silver Age Conference provides a vital platform where scholars, practitioners, policymakers, and stakeholders converge to share knowledge, research, and innovative practices. By engaging in meaningful dialogue and cross-disciplinary collaboration, we can collectively address the pressing issues that accompany ageing in today's rapidly changing world. Together, we have the opportunity to examine global perspectives, highlight best practices, and foster solutions that will positively shape the future of gerontology and geriatric health.

This year's conference brings together a wide range of important tracks, from theories of ageing, mental well-being, nutrition, and elderly-friendly environments to innovations in technology, risk reduction of cognitive decline, and the social, economic, and legal aspects of ageing. Equally significant are the sessions on geriatric medicine, dementia care, osteoporosis and bone health, palliative care, and the management of chronic conditions such as cancer and diabetes. By addressing such a comprehensive spectrum, the conference reflects the interdisciplinary nature of gerontology and geriatrics, while underscoring the urgency of building resilient and compassionate systems of care.

As Chairperson, I am deeply encouraged by the participation of distinguished keynote speakers, dedicated researchers, and committed professionals. I am equally grateful to the organizing committee for their unwavering dedication in bringing this conference to life.

On behalf of the organizing committee, I warmly welcome you and wish you a productive, inspiring, and memorable conference experience.

Sincerely,
Associate Professor Dr. Ponnusamy Subramaniam
Chairperson
SilverAge 2025



MESSAGE FROM THE ACADEMIC PARTNER SILVERAGE 2025



**International Institute on Ageing
United Nations - Malta**

It is with great honour and sincere appreciation that I extend my warmest greetings to all participants of the 6th International Conference on Gerontology and Geriatric Medicine, held under the theme 'Ageing in a Changing World: Tackling Global Challenges in Gerontology and Geriatric Health', from 10th–11th October 2025 in the vibrant city of Bangkok, Thailand.

This significant event, organised by Silver Age with the International Institute on Ageing United Nations – Malta (INIA) as one of the academic partners, brings together experts, practitioners, policymakers, and stakeholders from across the globe to address the ever-evolving challenges and opportunities presented by population ageing.

The world is undergoing profound demographic transitions. By 2050, it is projected that the number of older persons aged 65 and above will surpass 1.5 billion. While this reflects remarkable progress in public health and socioeconomic development, it also places unprecedented pressure on health systems, long-term care structures, social protection schemes, and the broader fabric of societies. The theme of this year's conference could not be more timely or relevant. In a world marked by rapid technological advancements, shifting socioeconomic dynamics, and the lasting impact of global crises such as the COVID-19 pandemic, it is essential that we adopt comprehensive, inclusive, and sustainable approaches to ageing and health in later life.

INIA has long been committed to building capacity and promoting policies and practices that enhance the quality of life of older persons worldwide. Through partnerships such as this one with Silver Age, we continue to support the development of training, research, and policy initiatives tailored to the needs of low-income countries and countries with economies-in-transition. This conference serves as a critical platform to exchange best practices, foster international cooperation, and advance dialogue on integrated gerontological and geriatric care models.

I commend the organisers for curating a robust and forward-thinking programme that addresses the diverse aspects of ageing. May this conference inspire new partnerships, generate actionable strategies, and reinforce our collective commitment to promoting the dignity, rights, and wellbeing of older persons around the world.

Warm regards,
Rosette Farrugia-Bonello
Deputy Director
International Institute on Ageing United Nations – Malta (INIA)





MESSAGE FROM THE ACADEMIC PARTNER SILVERAGE 2025



The John Richards Centre for Rural Ageing Research, La Trobe University, Australia, is honoured to join the 6th International Conference on Gerontology and Geriatric Medicine (SilverAge 2025) as an Academic Partner. This partnership reflects our shared commitment to advancing knowledge, innovation, and collaboration in the field of ageing.

Based in regional Victoria, Australia, the Centre was established to address the unique challenges and opportunities associated with ageing in rural and regional communities. Our research focuses on health, wellbeing, and social participation in later life, with particular attention to equity of access, workforce sustainability, and the lived experiences of older people in non-metropolitan settings. We are proud to contribute evidence that informs aged care practice, health policy, and community development—always with the aim of improving quality of life for older adults and their families.

SilverAge 2025 offers a vital forum to exchange ideas, highlight emerging evidence, and strengthen international collaborations. The complexity of population ageing demands perspectives that cross borders, disciplines, and contexts. For us, the opportunity to bring rural voices and insights into this global conversation is especially important.

As the world's older population grows, we face a pressing responsibility to ensure that ageing is not only longer, but healthier, more inclusive, and more dignified. Conferences such as SilverAge foster the dialogue and partnerships that make this possible. The John Richards Centre is delighted to partner with colleagues, practitioners, and communities worldwide in working toward these goals.

We look forward to contributing to the discussions, learning from international experiences, and building enduring collaborations that will shape the future of gerontology and geriatric medicine.

Associate Professor Sean MacDermott
Director,
John Richards Centre for Rural Ageing Research,
La Trobe University,
Australia





MESSAGE FROM THE ACADEMIC PARTNER SILVERAGE 2025



It is a privilege to support the Silver Age Conference as an academic partner this year. As a geriatrician, I see the importance of bringing together eminent clinicians and researchers to address the complex and evolving needs of older adults. This conference stands out as a vital forum for exchanging ideas, sharing evidence-based practices, and exploring innovative approaches to ageing and care.

The sessions ahead promise to be both illuminating and engaging—offering new insights, challenging assumptions, and inspiring collaboration across disciplines. I am confident that the knowledge shared here will not only enrich our professional practice but also contribute meaningfully to the quality of life of the populations we serve.

My sincere thanks to the organizers, speakers, and participants for their dedication to advancing the field of ageing. I look forward to the collective momentum we will build together during this important event following the discussions at the Silver Age conference.

Prof Surekha V MD(Med), FRCP
President, Indian Academy of Geriatrics





TECHNICAL PROGRAM

DAY 01 – FRIDAY, 10TH OCTOBER 2025

08.00 – 09.00

Conference Registration

INAUGURATION SESSION

Friday, October 10th 2025 | 09.00 THA to 09.30 THA | CM Square Floor

09.00 – 09.10

Welcome Address by the Conference Convener



Ms. Thulakshana Dilrukshi
(Director, iConferences, Sri Lanka)

09.10 – 09.20

Welcome Address by the Conference Chairperson



Assoc. Prof. Dr. Ponnusamy Subramaniam
(Centre for Healthy Ageing and Wellness (H-CARE), Universiti
Kebangsaan Malaysia, Kuala Lumpur, Malaysia)

09.20 – 09.30

Welcome Address by Academic Partner



Rosette Farrugia-Bonello
(International Institute on Ageing United Nations – Malta (INIA))



KEYNOTE FORUM Friday, October 10th 2025 | 09.30 THA to 10.00 THA | CM Sqaure Floor

09.30 - 10.00 **Dr Pratiba Pereira**



(Professor and Head of the Department of Geriatrics and Clinical Research JSS Medical College JSS Academy of Higher Education & Research (JSSAHER), India)

"Interplay between Geriatric Patient Reported Experience, Socioeconomic Status and Digital Liter"

Dr. Pratibha Pereira is a distinguished medical professional with over 30 years of experience in the field of geriatrics. She graduated from IGNOU and INIA Malta with a Master of Doctorate in Medicine and a Postgraduate Diploma in Geriatric Medicine (PGDGM). Currently serving as Professor and Head of the Department of Geriatrics and Clinical Research at JSS Medical College (JSSAHER), she has made substantial contributions to elderly care in India. In addition to developing geriatric units at Kasturba Medical College (KMC) in Mangalore and comprehensive geriatric clinics, Dr. Pereira has played a significant role in national programs including the C20 (G20) protocols for senior care. She has assisted in the development of an NCD Cell handbook and trained primary healthcare physicians and nurses. Among her accomplishments are the Double Helical Award for geriatric services, the Distinguished Alumni Award, and the API Scientist Award in Tropical Medicine. Her main areas of interest include mobility, frailty, and medication management in the elderly, and she has over 50 publications in national and international journals. Additionally, she is acknowledged for her contributions to "Geronto Pharmacy".

10.00 - 10.20

Morning Refreshments



DETERMINANTS OF HEALTHY AGEING: FUNCTION, COGNITION, AND METABOLIC HEALTH

Friday, October 10th 2025 | 10.20 THA to 11.20 THA | CM Sqaure Floor

Chaired by Dr. Nidhi mishara

(Associate Professor, HOD Applied Psychology GITAM School of Humanities and Social Sciences Visakhapatnam, India)

TECHNICAL SESSION 01

10.20 - 10.35

A1

In-Person



Leonarto, E.¹, Putri, V.U.¹, Kurniarobbi, J.^{1,2}

(¹Sports Medicine Study Program, Faculty of Medicine, University of Indonesia, ²Center for Sports and Exercise Studies, Indonesian Medical Education and Research Institute (IMERI), Faculty of Medicine, University of Indonesia, Indonesia)

"The Role of Core Strength in Sit-to-Stand Performance in Older Adults: A Literature Review"

10.35 - 10.50

A2

In-Person



Harbishettar, V.¹, Ramachandra, P.², Tenagi, S.³, Srivastava, S.⁴, PN, R.⁵, Rajkumar, R.P.⁶, Leroi, I.⁷, KS, S.⁸, Gupta, R.⁹

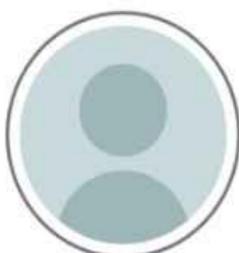
(¹National Institute of Mental Health and Neuro Sciences, Bangalore, India, ²Older Adults' Liaison Psychiatry, Cambridgeshire and Peterborough NHS Foundation Trust, UK, ³Department of Psychiatry, Belagavi Institute of Medical Sciences, Belagavi, India, ⁴Department of Geriatric Psychiatry, King George's Medical University, Lucknow, India, ⁵Department of Neurophysiology, National Institute of Mental Health and Neuro Sciences, Bangalore, India, ⁶Department of Psychiatry, Jawaharlal Institute of Postgraduate Medical Education and Research, Puducherry, India, ⁷Global Brain Health Institute, Trinity College, Dublin, Ireland, ⁸Kerala University of Health Sciences, Thrissur, India, ⁹Department of Psychiatry, All India Institute of Medical Sciences, Rishikesh, India)

"Duration and Quality of Sleep as Risk Factors for Cognitive Impairment; An Umbrella Review of Systematic Reviews"

10.50 - 11.05

A3

Virtual



Saedon, I.S.

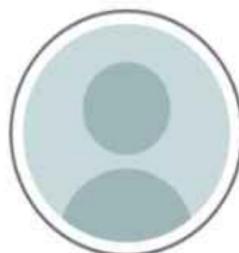
(University Malaya, Malaysia)

"Meta-Analysis and Systematic Review of the Association Between Hypertriglyceridemic Waist Phenotype and Hypertension"

11.05 - 11.20

A4

Virtual



Hamzelou, H., Ong, E.T.

(Blackpool Victoria Hospital, United Kingdom)

"Improving Bone Health in a Frailty Department: A Quality Improvement Project on FRAX Utilisation"

PLENARY SESSION Friday, October 10th 2025 | 11.20 THA to 11.40 THA | CM Sqaure Floor

11.20 – 11.40

Asst. Prof. Shannon Ang



(Assistant Professor of Sociology and Deputy Director, Centre for the Study of Social Inequality, School of Social Sciences, Nanyang Technological University, Singapore)

"The Social Connections and Well-being of Future Older Adults"

Shannon Ang is Assistant Professor of Sociology and Deputy Director of the Centre for the Study of Social Inequality at the School of Social Sciences, Nanyang Technological University, Singapore. His research interests are located at the intersection of social connectedness and societal change. This includes how social connections and/or social relationships (e.g., social participation, social support, social capital, etc.) shape the well-being of individuals, such as their physical and mental health, and explore how these social connections and their associations with well-being change over time (e.g., age-period-cohort patterns).

11.40 – 11.50

Conference Photograph

12.00 – 13.00

Networking Lunch



KEYNOTE FORUM Friday, October 10th 2025 | 13.00 THA to 13.30 THA | CM Sqaure Floor

13.00 – 13.30

Dr. Nidhi Mishra



(Associate Professor, HOD Applied Psychology GITAM School of Humanities and Social Sciences Visakhapatnam, India)

“The Environmental–Ageing–Health Nexus: A Conceptual Framework for Investigating the Reciprocal Relationships between Environmental Factors, Ageing Mechanisms, and Health Trajectories”

Dr. Nidhi Mishra is an Associate Professor and Head of the Department of Applied Psychology at GITAM (Deemed to be University), Visakhapatnam. She holds a PhD in Geropsychology from the University of Allahabad. She is an editorial board member of the European Journal of Mental Health and part of the international advisory team of the Miroir Foundation, Canada. Her expertise in psycho-social gerontology has earned her advisory roles with Life Circle Health Services, Hyderabad, and A1 Snehanjali, Mumbai.

Dr. Mishra has been actively involved in national and international research projects addressing diverse psycho-social issues, including health and well-being, environmental concerns, identity and collective experiences, the lived realities of marginalized groups, ageing, and inclusive education. She has extensive experience in psycho-social gerontology, bridging academic research and social impact.

Notably, Dr. Mishra contributed to the United Nations Population Fund (UNFPA) project on building a knowledge base on ageing in India. In 2013, she represented India at the United Nations International Programme on Policy Formulation, Planning, Implementation, and Monitoring of the Madrid International Plan of Action on Ageing held in Malta. Additionally, she founded and managed Senior Express, an online initiative dedicated to promoting active ageing in India.



INNOVATIONS AND PERSPECTIVES IN GERIATRIC CLINICAL CARE

Friday, October 10th 2025 | 13.30 THA to 14.20 THA | CM Square Floor

Chaired by Dr. Ponnusamy Subramaniam

(Centre for Healthy Ageing and Wellness (H-CARE), Universiti Kebangsaan Malaysia, Kuala Lumpur, Malaysia)

POSTER SESSION

13.30 - 13.40

P1

In-Person



Shafiee, A., Narimani Javid, R. Jalali, A. Sadeghian, S. Karimi, A. Boroumand, M.

(Tehran Heart Center, Tehran University of Medical Sciences, Tehran, Iran)

"Sex Disparities in Cardiovascular Risk Among Older Adults: Insights from the Tehran Cohort Study"

13.40 - 13.50

P2

In-Person



Chew, T.L.T.¹, Foo, W.T.¹, Arifin, T.¹, Fang, L.W.S.¹, Foo, W.C.^{1,2}, Lee, J.H.M.^{1,2}, Yang, C.¹

(¹Department of Geriatric Medicine, Singapore General Hospital, ²Department of Nursing, Singapore General Hospital, Singapore)

"Smart-CGA: Use of an Online Pre-Consult Questionnaire to Improve Efficiency in Geriatric Outpatient Clinics"

13.50 - 14.00

P3

In-Person



Retnowati, R., Harsani, P. Techache, R. Kirkham, F. Xenofontos, P. Jamil, S. Tomkow, L.

(The University of Manchester, United Kingdom)

"Improving Discussions About Resuscitation With Frail Older Adults: Clinicians' Perspectives"

14.00 - 14.10

P4

Virtual



Selvanayagam, S.¹, Yogaparan, T.²

(¹McGill University, Canada, ²Baycrest Health Sciences, Canada)

"Understanding Dementia in Tamil Communities: A Narrative Literature Review of Awareness, Risk, and Cultural Barriers to Care"

14.10 - 14.20

P5

Virtual



Farhang, M.

(Universidad de Las Americas Chile)

"Effects of Anxiety, Stress and Perceived Social Support on Depression and Loneliness Among Older People During the COVID-19 Pandemic: A Cross-Sectional Path Analysis"



**FROM EMERGENCY CARE TO CULTURAL INTERVENTIONS:
MULTIDIMENSIONAL INSIGHTS INTO AGEING**

Friday, October 10th 2025 | 14.20 THA to 16.30 THA | CM Square Floor

Chaired by Dr. Vijaykumar S Harbishettar
(National Institute of Mental Health and Neuro Sciences, India)

TECHNICAL SESSION 02 (ONLINE SESSION)

14.20 - 14.35

B1

Virtual



Kaur, A.

(Monash Health, Victoria, Australia)

"Geriatricians in ED (GED) Amongst Older Patients Presenting Post Falls"

14.35 - 14.50

B2

Virtual



Sharma, S.

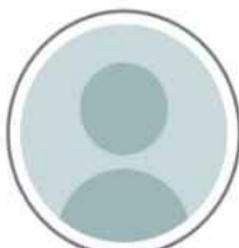
(Faculty of Health Sciences, Universiti Kebangsaan Malaysia)

"Exploring Perceptions of Healthy Ageing in Malaysia"

14.50 - 15.05

B3

Virtual



CAI, X., YI, X., SUN, N., BAI, X.

(Research Centre for Gerontology and Family Studies, Department of Applied Social Sciences, The Hong Kong Polytechnic University)

"Semi-Professional Training for Older Volunteers: Comparing Peer and Intergenerational Learning Approaches"

15.05 - 15.20

B4

Virtual



Tang, S.¹, Subramaniam, P.¹, Siau, C.S.², Chong, A.S.S.², Liu, F.³, Zhang, G.⁴

(¹Center for Healthy Ageing and Wellness, Faculty of Health Sciences, Universiti Kebangsaan Malaysia, ²Center for Community Health Studies, Faculty of Health Sciences, Universiti Kebangsaan Malaysia, Kuala Lumpur, Malaysia, ³Department of Geriatrics, Zhoushan Hospital, Wenzhou Medical University, Zhoushan, ⁴Nanyang Mental Health Center, Nanyang Fourth People's Hospital, Nanyang, China)

"The Association Between Mild Behavioral Impairment, Subjective Cognitive Decline, Activities of Daily Living, Mood and Objective Cognition Among Older Adults"

15.20 - 15.35

B5

Virtual



Tuneesha, R.^{1,2}, Ponnusamy, S.^{1,2}, Shazli Ezzat, G.¹, Noh, A.¹

(¹Clinical Psychology & Behavioural Health Programme, Faculty of Health Sciences, Universiti Kebangsaan Malaysia, Kuala Lumpur, Malaysia ²Centre for Healthy Ageing and Wellness, Faculty of Health Sciences, Universiti Kebangsaan Malaysia, Kuala Lumpur, Malaysia)

"The Impact of Cultural-Based Cognitive Interventions for Older Adults With Neurocognitive Conditions: A Systematic Review"

15.35 - 15.55

Evening Refreshments



15.35 – 15.50

B6

Virtual



Sahetya, P. N.¹, Sharma, A.², Pereira, P.³, Siddappa, N.⁴

(¹Quality Assurance Department, ²Department of Geriatrics, ³ Department of Geriatrics, ⁴ Assistant Medical Superintendent, JSS Hospital Mysore)

"A pilot study on improving geriatric patient(s) and caregiver(s) comprehension of discharge summary"

WHY PUBLISH WITH
SILVERAGE 2025



SilverAge
2025



No Publication Fee

Publish your paper for free and receive editorial support to develop your manuscript.

Double-Blind Peer Review

All papers will be reviewed by academic experts to maintain quality and offer valuable feedback.

Wide Dissemination

Your work will be published with a DOI, indexed in CrossRef, and submitted for indexing in SCOPUS, Google Scholar, and Thomson Reuters.

Global Exposure & Networking

Present your research to an international audience and connect with leading experts in agriculture, food security, and food safety.



Conference Proceedings Details

All accepted abstracts from registered participants are eligible to submit their full papers for inclusion in the Conference Proceedings of the 6th International Conference on Gerontology & Geriatric Medicine (SilverAge 2025).

Each published paper will be assigned a unique DOI number (DOI Prefix: 10.32789) and indexed in CrossRef. Furthermore, the Conference Proceedings will be submitted for potential indexing in SCOPUS, Thomson Reuters, and Google Scholar.

- E-ISSN : 2673-1282
- DOI Prefix: 10.32789
- Editor-in-Chief: Associate Professor Dr. Ponnusamy Subramaniam
- Journal Link: www.ijournals.i-conferences.com

We are proud to collaborate with these prestigious SCOPUS-indexed journals:

- ✔ Biological Research for Nursing (Q1)
- ✔ Journal of Health Services Research & Policy (Q2)
- ✔ Journal of Applied Gerontology (JAG) (Q1)

Note: Journal submissions will follow their own peer-review process and timeline.

Full Paper Submission

Deadline: November 3rd, 2025



DAY 02 – SATURDAY, 11TH OCTOBER 2025

ADVANCING HEALTHY AGEING: CLINICAL INSIGHTS AND COMMUNITY APPROACHES

Friday, October 11th 2025 | 09.00 THA to 10.15 THA | CM Sqaure Floor

Chaired by Dr. Ponnusamy Subramaniam

(Centre for Healthy Ageing and Wellness (H-CARE), Universiti Kebangsaan Malaysia, Kuala Lumpur, Malaysia)

TECHNICAL SESSION 03

09.00 – 09.15

C1 **In-Person**



Giri Shankar, V.¹, Perera, G.^{1,2}, Stewart, R.^{1,2}

(¹South London & Maudsley NHS Foundation Trust, London, United Kingdom, ²Department of Psychological Medicine, Institute of Psychiatry, Psychology and Neuroscience, King's College London, London, United Kingdom)

"All-Cause and Cause-Specific Mortality in Elderly People With Mental Illness During and After the COVID-19 Pandemic: A Cohort Study"

09.15 – 09.30

C2 **In-Person**



Jilek, R.M.

(Community Home Australia, University of Canberra, Australia)

"The Community Home Model – An International Balinese Resort for People Living With Younger Onset Dementia"

09.30 – 09.45

C3 **In-Person**



Asuka, E.S.

(North Devon District Hospital Barnstaple, North Devon, England)

"Statin-Induced Toxic Myopathy Masquerading as Recurrent Falls and De-Conditioning in an Older Adult"

09.45 – 10.00

C4 **In-Person**



Harbishettar, V.¹, Divyashree N.S.¹, Komala, T.Y.¹, Tripathi, R.², Harbishettar, A.S.³, Sinha, P.¹, Sivakumar, P.T.¹

(¹Department of Psychiatry, National Institute of Mental Health and Neuro Sciences, ²Department of Clinical Psychology, National Institute of Mental Health and Neuro Sciences, ³Department of General Medicine, Sanjay Gandhi Institute of Trauma and Orthopaedics, Bangalore, India)

"Measuring Impact of Public Health Talks on Healthy Ageing: Development of Feedback and Behaviour Change Tools"

10.00 – 10.15

C5 **Virtual**



Golubeva, E.

(Northern Arctic Federal University, Arkhangelsk, Russia)

"State, Family and Charity Social Resources for Families with Dementia Relatives in Russian Province"

PLENARY SESSION Friday, October 10th 2025 | 10.15 THA to 10.45 THA | CM Sqaure Floor

10.15 – 10.45 **Dr Thang Leng Leng**



(Associate Professor, Faculty of Arts and Social Sciences National University of Singapore)

"Linking Generations - An Intergenerational Approach to Aging Well"

Leng Leng THANG is socio-cultural anthropologist and associate professor with the Department of Japanese Studies, National University of Singapore. Her research interests focus around aging-related issues including intergenerational programs and relationships, active aging, retirement migration and age-friendly community.

She publishes widely on these topics in Asian context, especially relating to Japan and Singapore. She is co-lead of the workstream on purposeful aging in the Health District@Queenstown, a joint initiative of the National University of Singapore, National University Health System and Housing Development Board of Singapore. She is President of Singapore Gerontological Society and also active in community services in Singapore.

10.45 – 11.05

Morning Refreshments

KEYNOTE SESSION Saturday, October 11th 2025 | 11.05 THA to 11.50 THA | CM Sqaure Floor
(CASE STUDY FOCUS)

11.05 – 11.50 **Assoc Prof. Dr. Ponnusamy Subramaniam**



(Centre for Healthy Ageing and Wellness (H-CARE), Universiti Kebangsaan Malaysia, Kuala Lumpur, Malaysia)

"Cognitive Health and Dementia Risk Reduction: Emerging Perspectives and Future Directions"

He is an expert in ageing and dementia studies and has extensive research experience in psychosocial intervention for people with dementia. He has more than 100 national and international journal article publication. His research work has been published in highly recognized journals such as Aging & Mental Health, Clinical Intervention in Aging, PLOS One, Journal of Alzheimer Disease (JAD), Asian Journal of Psychiatry, Psychogeriatrics, International journal of environmental research and public health, BMC Public Health, and Frontiers in Public Health. Outcome of Dr. Subramaniam's research has produced positive impact on community and resulted in translational outputs or education tools, for instance 'Dementia Mini Book'©, WE-RISE – mighty mind kit© and Digitizing Personalized Memory Book for Alzheimer's Patient through My-Mobal©. Some of his work is highly influential citations. As a researcher, he has presented his work in more than 50 conferences. He is an editor/special editor for Malaysian Journal of Psychology, Elsevier's Asian Journal of Psychiatry and open access MDPI's Brain Sciences Journal. Dr. Subramaniam is a reviewer for approx. over 50 journal articles since 2015.

CLOSING CEREMONY Saturday, October 11th 2025 | 11.50 THA to 12.20 THA | CM Square Floor

11.50 – 12.10 **Conference Concluding and Awarding Ceremony**

12.10 – 12.20 **Concluding Remarks by Conference Chairperson**

12.20 Onwards – Networking Lunch



Hybrid Access Information for Online Participants



Meeting ID: 872 2079 4524 Passcode: 939689

<https://us06web.zoom.us/j/87220794524?pwd=8Qalgj8OZFg61l2bdleEujgbUfMT58.1>

TRAINING PROGRAMME SilverAge 2025

Organised in collaboration with the
International Institute on Ageing (INIA),
United Nations · Malta

Active Ageing, Healthy Ageing & Dementia Care

23rd – 27th March 2026

For more details & Register



This 5-day online training programme is designed to strengthen the knowledge and skills of professionals and researchers working in ageing and long-term care. Delivered in collaboration with INIA (United Nations – Malta), it provides global insights and practical strategies to promote active ageing, healthy ageing, and quality dementia care in diverse settings.

Key Learning Outcomes

By the end of this programme, participants will be able to:

- Understand dementia diagnosis, assessment, and early intervention approaches
- Explore community-based and rehabilitation services for older persons
- Apply strategies for delivering dementia care within community settings
- Recognise key elements of dementia-friendly communities and age-friendly cities
- Analyse ageing issues and responses in Asia within global action plan frameworks

Who Should Attend

This training is designed for healthcare professionals, social workers, researchers, educators, and policymakers involved in ageing, dementia care, and community-based elder services, as well as students and early-career practitioners seeking to build expertise in these fields

Certification & Participant Benefits

What Participants Will Receive

- Certificate of Completion jointly issued by INIA (United Nations – Malta) and the SilverAge 2026 Conference Secretariat
- Access to session recordings and presentation materials for 30 days after the training
- Session slides and reference materials shared by the speakers
- Networking opportunities with international experts and peers working in ageing and long-term care
- Priority consideration for future INIA-affiliated training and research collaborations

What Participants Will Receive

To be eligible for the Certificate of Completion, participants must:

- Attend at least 90% of the live sessions during the 5-day training
- Complete any required assignments or post-session reflections
- Maintain professional conduct during all sessions

RESEARCH FUND PROJECT

EMPOWERING AND SUPPORTING THE NEXT GENERATION OF SCHOLARS

About the Project

The Research Fund Project is a collaborative initiative launched by iConferences, with proud support from the International Centre for Research (ICR), to foster equity and inclusion in global academic dialogue.

This fund was created to support underrepresented researchers - especially from developing countries - who face financial barriers to participating in international academic forums. We believe that diverse perspectives are essential to solving the world's most urgent challenges in agriculture, food security, climate change, and rural development.

Objectives

- Enable talented researchers to present at international conferences
- Provide support for travel, accommodation, and registration fees
- Promote high-quality research through access to publication opportunities
- Bridge the gap between under-resourced researchers and global networks

Who It Supports

The Research Fund Project prioritizes support for:

- ▶ Early-career researchers and postgraduate students
- ▶ Participants from low- and middle-income countries
- ▶ Scholars whose work aligns with the Sustainable Development Goals (SDGs)
- ▶ Researchers addressing issues in agri-food systems, rural livelihoods, and environmental sustainability

Research Fund 2026 – Support Areas

The Research Fund is committed to empowering the next generation of scholars by supporting impactful research across the following fields:

- Sustainable Development & SDGs
- Education & Teaching Innovation
- Public Health & Preventive Medicine
- Women & Gender Equality
- Agriculture, Food Security & One Health
- Artificial Intelligence & Society
- Climate Change & Sustainability
- Ageing, Gerontology & Geriatric Medicine



How to Apply?

Applications for the 2026 funding round will open in early 2026. To learn more about the eligibility criteria and application process, please visit: www.i-conferences.com



Make an Impact

We invite academic institutions, donors, and publishing partners to join us in expanding this fund and empowering more voices in agriculture and food research.

For partnership or sponsorship opportunities, contact: info@i-conferences.com



Hall of Fame

To celebrate academic excellence and meaningful contributions to our scholarly community, we proudly introduce the 'Hall of Fame' section in our conference programme. This year, we honor our Best Reviewer whose expertise and dedication have elevated the quality of submissions and peer review.

At SilverAge 2025, we are proud to celebrate individuals who go above and beyond to uphold the spirit of academic excellence. One such contributor is Dr. Rajiv Mani Adhikari, who was recognized as the Best Reviewer of this year's conference for her thoughtful evaluations and unwavering commitment to scientific rigor.



BEST REVIEWER 2025



Dr. Rajiv Mani Adhikari
(MBBS, MD (Community Medicine))

I am a community physician with over eight years of experience in health systems strengthening, epidemiology, biostatistics, and medical case management. After completing my MBBS and MD in Community Medicine from Kathmandu University, I have dedicated my career to advancing public health through research, teaching, and program management.

Currently, I serve as Program Manager at the International Alliance of You Foundation Nepal, in collaboration with Civil Service hospital- Kathmandu, where I focus on patient advocacy, health program implementation, and stakeholder collaboration. My research interests include communicable and non-communicable diseases, mental health, injuries, geriatrics and public health emergencies, and ongoing studies, including work in collaboration with Duke University and University of California, USA.

In 2024, I received the Young Scientist Grant Award (2024) from the Nepal Academy of Science and Technology (NAST) and has been actively involved in international conferences, editorial roles, and community health projects. Alongside my professional work, I am actively engaged in capacity-building initiatives, policy development, and knowledge-sharing activities to strengthen public health practices in Nepal and beyond.



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AICon 2026
2-3 April 2026
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Climate Change
24-25 April 2026
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SDG GOALS
8-9 May 2026
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1ST INTERNATIONAL CONFERENCE ON
Hearing, Effective Communication and Swallowing (ICHECS 2026)
23-24 June 2026
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4TH INTERNATIONAL CONFERENCE ON
Public Health & Nursing
25-26 June 2026
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1ST INTERNATIONAL CONFERENCE ON
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4-5 August 2026
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