



**THE INTERNATIONAL INSTITUTE ON AGEING  
UNITED NATIONS - MALTA (INIA)**

**IN-SITU TRAINING PROGRAMME IN**

**ACTIVE AGEING, HEALTHY AGEING & DEMENTIA CARE**

*in collaboration with*

**I-Conferences, Sri Lanka**  
**23<sup>rd</sup> - 27<sup>th</sup> March 2026**

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**Monday 23<sup>rd</sup> March**

09:00 – 09:15 AM CET Official Opening Addresses

**Thulakshana Dilrukshi**  
**Director, I-Conferences, Sri Lanka**

**Professor Marvin Formosa,**  
**Director, International Institute on Ageing, Malta (INIA)**

09:15- 10:15AM CET **Social, psychological and biological perspectives of ageing**  
Prof. Marvin Formosa

10:15-10:30 AM CET **Q&A**

10:30-10:45 AM CET **Break**

10:45-11:45AM CET **Understanding dementia: Diagnosis, evaluation and assessment**  
Rosette Farrugia-Bonello

11:45-12:00 AM CET **Q&A**

**Tuesday 24<sup>th</sup> March**

09:00 – 09:15AM CET Welcome by Programme Facilitator

09:15 - 10:15AM CET **Healthy ageing**  
Dr. Roberta Sultana

10:15 - 10:30AM CET **Q&A**

10:30-10:45AM CET **Break**

10:45-11:45AM CET **Community services for older persons**  
Dr. Roberta Sultana

11:45-12:00 AM CET **Q&A**

### **Wednesday 25<sup>th</sup> March**

09:00 – 09:15AM CET Welcome by Programme Facilitator

09:15-10:15 AM CET **Rehabilitation services for older persons**  
Dr. Roberta Sultana

10:15-10:30AM CET **Q&A**

10:30-10:45AM CET **Break**

10:45-11:45AM CET **Dementia care services in the community**  
Dr. Roberta Sultana

11:45-12:00AM CET **Q&A**

### **Thursday 26<sup>th</sup> March**

09:00 – 09:15AM CET Welcome by Programme Facilitator

09:15-10:15AM CET **Dementia-friendly communities**  
Rosette Farrugia-Bonello

10:15-10:30AM CET **Q&A**

10:30-10:45AM CET **Break**

10:45-11:45AM CET **Active ageing and age-friendly cities in Asia**  
Prof. Mala Kapur Shankardass

11:45-12:00AM CET **Q&A**

### **Friday 27<sup>th</sup> March**

09:00 – 09:15AM CET Welcome by Programme Facilitator

09:15-10:15AM CET **Ageing Issues and responses in Asia: The way forward**  
Prof. Mala Kapur Shankardass

10:15-10:30AM CET **Q&A**

10:30-10:45AM CET **Break**

10:45-11:45 AM CET **International action plans on active ageing, age-friendly cities and dementia-friendly communities**  
Rosette Farrugia- Bonello

11:45-12:00AM CET **Q&A**

12:00 AM CET **Concluding remarks by**  
**Thulakshana Dilrukshi**  
**Director, I-Conferences, Sri Lanka**

**Professor Marvin Formosa,**  
**Director, International Institute on Ageing, Malta (INIA)**

Dissemination of Certificates and Group Photo